

# Airside standard

AUGUST 2019 | ISSUE 4

Team Heathrow

News from the Airside Safety Standards Team

#WorkSafeHomeSafe



## Hello

Welcome to our fourth edition of **Airside Standard**, a bi-monthly safety newsletter, providing you with safety related news and information from the Airside Standards Team.

## Safety 6

We will continue to promote and focus on our safety 6 campaign throughout the year. In the months of August and September we will be focusing on: **The use of mobile phones, and the correct use of PPE.**

You will see our team out and about having safety conversations around the safety 6 campaign, so if you see us please feel free to approach us with any questions or concerns you may have.



### Are you wearing the correct PPE.

Always ensure you are wearing the appropriate PPE for the area you are in.



### Drivers are not permitted to use mobile devices or phones.

Unless using a handsfree device driving airside.



# Your Safety Stories...

## This month's Safety Superstar!!

At Heathrow we are passionate about working as one team and ensuring we are all working towards the same goal which is keeping everyone safe.

This month we have a fantastic example of how the community can set excellent examples for everyone on ways we can all help improve our working environment.

After having a tray full of FOD found on the ramp and GSE to show new starters, Ramp and Baggage trainer Lewis Cornwell from Cobalt came up with a brilliant idea to discuss the subject in a much more creative way...



"I just want to highlight that FOD collection is important from an airfield and GSE perspective. The display is our way of looking for new and exciting ways of highlighting important safety issues at LHR."

We thought this creation was a fantastic way of showcasing the different types of FOD that can be found out on the airfield. This piece of work has had some great feedback from airlines, ground handlers and Heathrow.

A massive thank you to Lewis from us here at Airside Safety for making such an important part of our work so interesting and fun.

As we move forward in growing our safety culture at Heathrow, we want to encourage everyone working Airside to be recognised for demonstrating great safety behaviour. This is where we need you, to recognise your colleagues and fellow workers to share their stories.

Each issue we will be asking you to send to us any 'Safety Superstars' you would like to nominate. This could be witnessing a colleague going above and beyond to promote or demonstrate safety, or just simply recognising a colleague who constantly acts as a leading safety example. At the end of each month we will pick our favourite story, we will visit the employee in their department as well as posting their picture and story in our next issue.

Each person featured will also be entered into an end of year prize draw. If you know anyone who should be highlighted as a Safety Superstar, please email their name, company and the reason why you are nominating them to: [Airside@heathrow.com](mailto:Airside@heathrow.com)

See if you can spot Lewis's FOD display out and about in Terminal 4....



# Aircraft Cabin Doors

We have had a number of reports recently of cabin doors being left open with no equipment attached.

Please ensure you are following the correct procedure with removing aircrafts steps and support in ensuring cabin doors are not opened without equipment attached.



# Keeping Yourself Safe this Summer

As we see the weather temperatures rising and a scorching summer ahead, it is really important to keep yourself safe and healthy not only at work but every day. We want all our colleagues to go home safe and this includes protecting yourself in high heat.

Here are a couple of quick tips to help keep you cool this summer:

-  Always carry around a bottle of water. Staying hydrated is extremely important.
-  Keep your head protected by wearing a hat when you can.
-  Use sun factor, especially when working out on the ramp.
-  Wear cool clothing – along with all your correct PPE of course!

# August / September Safety Sweeps

Each month a member of the team will hold a 'community safety sweep'. Managers and frontline colleagues will be conducting a joint safety walk in designated stands across the airport. They will be ensuring that airside areas are well maintained; as well as offering you the opportunity to answer any questions you may have relating to the Heathrow operation; feel free to come along and engage with the team.



The upcoming sweeps for the Terminals are:

	AUGUST	SEPTEMBER
<b>Terminal 2:</b>	27 August Stand 218 10:00	24 September Stand 233 10:00
<b>Terminal 3:</b>		10 September Stand 364 10:00
<b>Terminal 4:</b>	29 August Stand 409 13:00	20 September Stand 414 11:00
<b>Terminal 5:</b>	16 August Stand 524 11:30	19 September Stand 539 10:00
<b>Cargo:</b>		12 September Stand 612 12:00

# Useful numbers

- Emergencies**  
Dial **222** from an airport phone  
Dial **0208 759 1212** from a mobile
- Non-emergency**  
Heathrow Airport Control **0208 745 7216**  
Airfield Operations **0208 745 6024**  
Fault Reporting **0808 976 6555**
- Airside Safety Information**  
[www.heathrow.com/airside](http://www.heathrow.com/airside)
- Confidential Reporting**





My wellbeing

# Your Wellbeing Toolkit

In each issue we will be highlighting a wellbeing subject and giving you some information and tips on keeping yourself safe and healthy. This month we are looking at Cancer Awareness.

One in two of us will be touched by cancer in our lifetime.

Dealing with a cancer diagnosis, whether personally or through a loved one, can be a difficult time and the support of those around us can be key.

## Reducing your risk

Healthier diets could prevent 1 in 10 cancer cases\*, but what does a healthy diet actually mean?

How our diet affects the risk of developing cancer is complicated but what we do know is that eating a healthy balanced diet and getting regular exercise can help us to maintain a healthy weight and this can reduce our risk of some cancers.



Here are some helpful reminders of what a healthy a balanced diet should include:

- Lots of fruit and vegetables
- Wholegrains such as brown rice or pasta
- Protein-rich foods, such as meat, poultry, fish, nuts, eggs and pulses.



## Be mindful of:

- Processed and red meats
- Foods high in sugar or salt
- Saturated fats.

## Safety Incidents Highlighted

On the 10th July at approx. 15:00 a ramp agent was lining his EBT up the rear loading elevator to accept ULD's onto his dolly. Whilst lining up his EBT he had his right leg outside of the EBT as the door was opened which resulted in his leg getting run over by the EBT. This forced him to fall onto the floor with his EBT wheel sitting on top of his ankle. As result of this incident the driver suffered a fracture to his leg and is currently off from work.

**It is important that all staff follow company procedures and training as this put into place to protect you and other from the risk of injury. If you see an unsafe act you should challenge it and report it.**



If you have any suggestions on what you would like to see in our newsletter please let us know

**Contact Details:** [Airside@heathrow.com](mailto:Airside@heathrow.com)

