





# PRINCE OF WALES

P U B A N D D I N I N G

## COOKED BREAKFAST PLATES

### The BIG Breakfast 17.25

Two Cumberland sausages, two back bacon, black pudding, eggs any style, baked beans, flat mushroom, roasted tomato, toast and potato tots

Choose from: fried 1386 kcal, scrambled 1419 kcal or poached 1299 kcal eggs

### Veg Market Breakfast *VG* 12.50

Vegan sausages, smashed avocado, rainbow peppers, flat mushroom, roasted tomato, potato tots and baked beans 700 kcal

Add eggs any style *V* 2.25 Choose from: fried 242 kcal, scrambled 327 kcal or poached 155 kcal eggs

Add a slice of toast *V* 214 kcal 2.00

### The Number ONE 13.75

Cumberland sausage, back bacon, black pudding, eggs any style, baked beans, flat mushroom, roasted tomato and potato tots

Choose from: fried 954 kcal, scrambled 1038 kcal or poached 867 kcal eggs

Add a slice of toast 214 kcal 2.00

### Prince of Wales Breakfast Hash *V* 12.50

Rainbow peppers, house brown sauce, baby spinach, jalapeños and potato tots. Topped with a fried free range egg 960 kcal

Add black pudding 276 kcal 2.50

Go vegan! Ask for your hash without egg *VG* 839 kcal

## COCKTAILS

### Bloody Mary 11.75

50ml vodka, tomato juice, salt & pepper, fresh lemon, Tabasco & Worcester sauce

### Mimosa 11.25

Prosecco topped with orange juice

### Classic Bellini 11.00

A luxurious combination of Prosecco & peach purée

## DEAD GOOD EGGS

### Smoked Salmon & Scrambled Eggs 14.00

Delicious smoked salmon with creamy scrambled eggs on toast

Choose from: white 703 kcal, brown 743 kcal or gluten-free bread 672 kcal

### Scrambled Eggs *V* 10.00

Creamy free range scrambled eggs served on toast

Choose from: white 610 kcal, brown 629 kcal or gluten-free bread 579 kcal

Add back bacon 172 kcal 2.75

### Eggs Benedict 12.25

Back bacon rashers, poached eggs and hollandaise sauce served on an English breakfast muffin 639 kcal

### Eggs Royale 13.00

Smoked salmon, poached eggs and hollandaise sauce served on an English breakfast muffin 536 kcal

### Folded Omelette *GF* 11.50

With watercress and filled with Cheddar cheese and either sliced fresh tomato *V* 443 kcal or Wiltshire ham 471 kcal

Add potato tots *V* 246 kcal 2.00

## FRESHLY SQUEEZED ORANGE JUICE £4.50 127 kcal

## FRESH & LIGHT

### Smashed Avocado *VG* 10.50

With vegan feta, watercress, radish and lime & chilli dressing on an English breakfast muffin 615 kcal

Gluten-free option available *V* 627 kcal

Add poached eggs *V* 155 kcal 2.25

### Toasted Bread & Preserves *V* 3.75

Two slices of toasted bread served with butter and a selection of preserves

Choose from:

white 350 kcal or brown bread 355 kcal

or gluten-free bread 223 kcal

Choose from: jam 72 kcal, marmalade 72 kcal or honey 97 kcal

### Fruity Granola Bowl *V* 7.50

Oat & raisin granola with fresh berries, coconut yoghurt, blueberry compote and maple flavoured syrup 854 kcal

### Porridge 6.75

Made with your choice of water *VG* 184 kcal, coconut *VG* 250 kcal or semi-skimmed milk *V* 280 kcal

Topped with:

Fresh strawberry, banana and maple flavoured syrup *VG* +158 kcal or blueberry compote *VG* +75 kcal

### Freshly Baked Croissant *V* 3.75

All butter croissant with butter 443 kcal and a selection of preserves 71-97 kcal

### Danish Pastries *V* 3.75

Freshly baked every day - ask your server for today's selection 325-440 kcal

## BREAKFAST SANDWICHES

Add Potato Tots to any sandwich *VG* 246 kcal 2.00

A soft white bread sandwich filled with your choice of:

- Back Bacon Rashers 609 kcal 7.50
- Cumberland Pork Sausages 653 kcal 7.50
- Free Range Fried Eggs *V* 560 kcal 7.50
- Flat Mushrooms & Smashed Avocado *VG* 505 kcal 7.50

### Ultimate Sandwich 10.00

Cumberland sausage, fried egg, back bacon and black pudding 824 kcal

## SWEET THINGS

### American Style Pancakes 10.50

Three buttermilk pancakes topped with bacon rashers and served with maple flavoured syrup 1079 kcal

### Berries & Cream Pancakes *V* 10.50

Three buttermilk pancakes topped with clotted cream, fresh blueberries, strawberries and blueberry compote 1016 kcal

### Blueberry French Toast *V* 10.75

Two thick brioche French toast with blueberry compote, fresh berries, coconut yoghurt and granola 789 kcal

*V* These dishes are made from ingredients that do not contain meat or fish. *VG* These dishes are not made with any animal products. *GF* Dishes are made from products which do not contain gluten as an ingredient. However we do not have a dedicated preparation or cooking area for vegetarian, vegan or gluten free food. +Fish dishes may contain small bones. TRG Concessions only use RSPCA™ Assured Free Range eggs in our restaurants.

Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website.

Allergies: We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you speak to a member of staff if you have any food allergies or intolerance. Or visit our interactive site for more details: [restaurantallergens.com/princeofwales](http://restaurantallergens.com/princeofwales)