



BREAKFAST Served until 11am






Large breakfast 1320 kcal Two fried eggs, bacon, two Lincolnshire sausages, baked beans, three hash browns, mushroom, two slices of toast	14.50	Freedom breakfast 581 kcal Two fried eggs, bacon, baked beans, two hash browns, mushroom, tomato	11.90
Traditional breakfast 714 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, two hash browns, slice of toast	12.95	Eggs Benedict 756 kcal Two poached eggs, on an English muffin, with Wiltshire cured ham, Hollandaise sauce, rocket	12.95
Small breakfast <small>UNDER 500</small> 435 kcal Fried egg, bacon, Lincolnshire sausage, baked beans, hash brown	9.60	Mushroom Benedict <small>V</small> 667 kcal Two poached eggs, on an English muffin, with mushroom, Hollandaise sauce, rocket	12.95
Add: Two slices of black pudding (355 kcal) 2.30		Miner's Benedict 939 kcal Two poached eggs, on an English muffin, with black pudding, Hollandaise sauce, rocket	12.95
Slice of toast <small>V</small> (192 kcal) 1.60		Scrambled egg on toast <small>V</small> 570 kcal Three eggs, buttered white bloomer toast	6.85
Large vegetarian breakfast <small>V</small> 1075 kcal Two fried eggs, three vegan sausages, baked beans, three hash browns, mushroom, tomato, two slices of toast	14.50	Beans on toast <small>V</small> <small>6%</small> 566 kcal Buttered white bloomer toast	6.20
Vegetarian breakfast <small>V</small> 729 kcal Two fried eggs, two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast	12.95	Vegan option available with vegan spread <small>V</small> <small>6%</small> <small>UNDER 500</small> 458 kcal	
Small vegetarian breakfast <small>V</small> <small>5%</small> <small>UNDER 500</small> 281 kcal Fried egg, vegan sausage, baked beans, hash brown, tomato	9.60	Two slices of toast with jam or marmalade <small>V</small> <small>UNDER 500</small> 480 kcal	3.85
Vegan breakfast <small>V</small> 616 kcal Two vegan sausages, baked beans, two hash browns, mushroom, tomato, slice of toast, vegan spread	11.90	White bloomer bread	

MUFFINS AND BUTTIES

Egg & cheese muffin <small>V</small> <small>UNDER 500</small> 413 kcal Fried egg, American-style cheese, in an English muffin, two hash browns	7.90
Egg & bacon muffin <small>UNDER 500</small> 478 kcal Fried egg, bacon, American-style cheese, in an English muffin, two hash browns	8.30
Egg & sausage muffin 581 kcal Fried egg, Lincolnshire sausage, American-style cheese, in an English muffin, two hash browns	8.30
Egg & vegetarian sausage muffin <small>V</small> <small>UNDER 500</small> 484 kcal Fried egg, vegan sausage, American-style cheese, in an English muffin, two hash browns	8.30
Breakfast muffin 646 kcal Fried egg, Lincolnshire sausage, bacon, American-style cheese, in an English muffin, two hash browns	8.70
Smashed avocado muffin <small>V</small> <small>UNDER 500</small> 435 kcal Guacamole, pico de gallo, on an English muffin, rocket, two hash browns	8.70
Add: Maple-cured bacon (91 kcal) 2.30 ; Poached egg <small>V</small> (63 kcal) 1.20	
Bacon butty 639 kcal Four rashers of bacon, buttered white bloomer bread	7.30
Sausage butty 714 kcal Two Lincolnshire sausages, buttered white bloomer bread	7.30
Vegetarian sausage butty <small>V</small> 520 kcal Two vegan sausages, buttered white bloomer bread	7.30
Vegan option available with vegan spread <small>V</small> <small>5%</small> <small>UNDER 500</small> 414 kcal	
Breakfast sandwich 733 kcal Lincolnshire sausage, bacon, egg, buttered white bloomer bread	9.05

TEA, COFFEE AND HOT CHOCOLATE

FREE REFILLS[†]
TEA, COFFEE AND HOT CHOCOLATE
— ALL DAY EVERY DAY —



Flat white V 92 kcal
Cappuccino V 102 kcal
Latte V 113 kcal
Mocha V 147 kcal
Espresso V 6 kcal
Black coffee V 6 kcal
White coffee V 24 kcal
Hot chocolate V 169 kcal

Tea
with semi-skimmed milk V 14 kcal

Dairy alternative: oat sachet V 4 kcal
Decaffeinated tea and coffee available.

£3.50

Biscuits
Walkers shortbread V 151 kcal **85p**; **Stem ginger biscuit** V 123 kcal **85p**
Belgian chocolate biscuit V 129 kcal **85p**

Coffee
The freshly ground 100% Arabica Lavazza coffee^{††} we serve is from Rainforest Alliance-certified farms.


TORINO, ITALIA, 1895



Adults need around 2000 kcal a day.[§]

jdwetherspoon.com

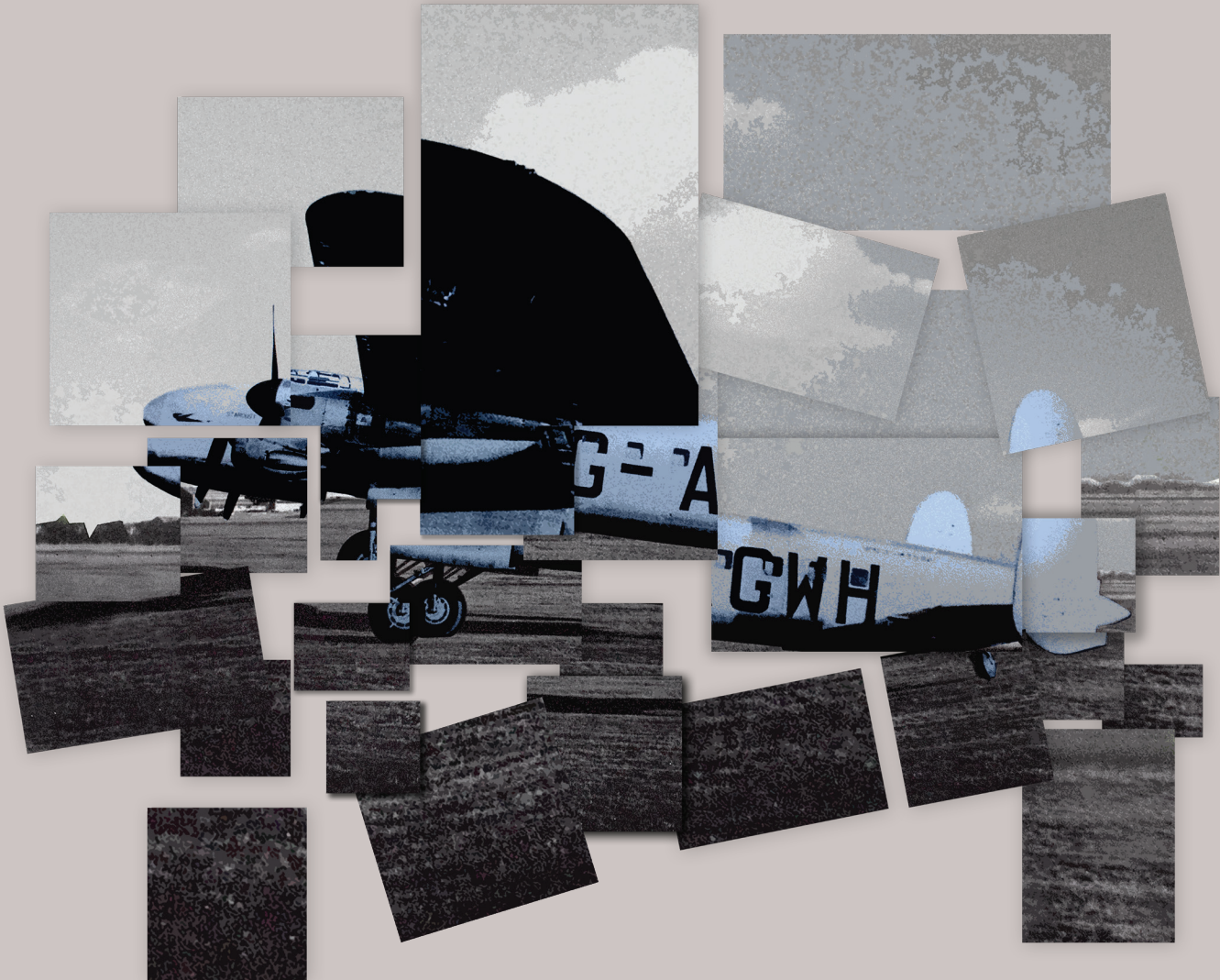
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STAR LIGHT



HEATHROW AIRPORT
— FOOD MENU —



At the end of World War II, land around an isolated rural hamlet called Heath Row was requisitioned for an international airport, at which, on 6 December 1945, Don Bennett landed the first civil aircraft (a 13-seat Avro 691 Lancastrian 3) named Star Light. On 1 January 1946, the same legendary war-time pilot captained Star Light again on an inaugural flight to Buenos Aires. On 26 March, the new airport was officially named London Airport. In 1966, it was renamed Heathrow Airport.



Table service

Download the Wetherspoon app or scan this QR code.
Or note your table number and order at the bar.



Use the app to: Search for a pub • Book a hotel • Save your favourites • Find an ale

Allergen and nutritional information can be found on our customer information screen, website and Wetherspoon app. Adults need around 2000 kcal a day.[§]



SMALL PLATES

11" garlic pizza bread 777 kcal	8.30
Ultimate nachos 863 kcal Airport exclusive	10.05
Emmental & Cheddar cheese sauce, guacamole, pico de gallo, sour cream, sliced chillies	
Add: Chilli bean non-carne 149 kcal 3.50	
Pulled beef brisket 70 kcal 3.50	
Bowl of chips 964 kcal	4.95
Bowl of chips with curry sauce 1082 kcal	6.90
Ultimate cheesy chips 1224 kcal Airport exclusive	6.55
Emmental & Cheddar cheese sauce	
Fully loaded chips 1417 kcal Airport exclusive	9.35
Emmental & Cheddar cheese sauce, maple-cured bacon, sour cream	
Chicken bites 403 kcal	9.60
Ten battered chicken breast pieces, BBQ sauce	
Chicken wings 1113 kcal	10.70
Ten spicy chicken wings, Naga chilli dip	



Ultimate nachos; Chicken bites; Chicken wings

PANINIS

The paninis below, freshly made to order, are all served with chips (add 602 kcal) or ask for a side salad instead (add 111 kcal).

Cheddar cheese and tomato 604 kcal	10.65
Wiltshire cured ham and Cheddar cheese 580 kcal	10.65
BBQ chicken, bacon and Cheddar cheese 576 kcal	10.65

SALADS AND PASTA

Chicken & maple-cured bacon salad 384 kcal	13.70
Chicken breast	
Mediterranean vegetable salad 349 kcal	10.85
Tenderstem® broccoli, pearl barley, quinoa, butternut squash, wheat berries, red pepper, pumpkin seeds, basil, dressing	
Add: Chicken breast (187 kcal) 3.50	
Pasta alfredo 519 kcal	11.35
Giant fusilli pasta, creamy pecorino & regato cheese sauce, spinach, sun-dried tomato, basil, rocket	
Add: Chicken breast (187 kcal) 3.50	
Maple-cured bacon (91 kcal) 2.30	



Pasta alfredo; Mediterranean vegetable salad

BURGERS



Smoky brisket stack; Buffalo; Cheese meltdown

100% UK and Irish beef

Sourced from farms in the UK and Ireland.

Traceable from farm to fork.

Classic burgers	
Served with chips (602 kcal, included in Calories below).	
With iceberg lettuce, tomato, red onion.	
Beef burger 1142 kcal	14.25
Plant-based burger 1139 kcal	14.25
Garlic & herb sauce	
Fried buttermilk chicken burger 1062 kcal	14.25
Breaded whole chicken breast fillet	

Gourmet burgers	
Served with chips, six onion rings (871 kcal, included in Calories below).	
With iceberg lettuce, tomato, red onion.	
Cheese meltdown 1603 kcal	16.75
Beef patty, American-style cheese, smothered with Emmental & Cheddar cheese sauce	
Smoky brisket stack 2041 kcal	16.75
Beef patty, pulled BBQ beef brisket, American-style cheese, maple-cured bacon	
Buffalo 1802 kcal	16.75
Fried buttermilk chicken, blue cheese sauce, Naga chilli sauce, American-style cheese, topped with a spicy chicken wing	
The ultimate burger 1722 kcal	16.75
Beef patty, maple-cured bacon, Cheddar cheese, signature burger sauce, gherkin	
Tennessee	16.75
Maple-cured bacon, Jack Daniel's® Tennessee Honey glaze	
Choose: Beef 1590 kcal	
Fried buttermilk chicken 1510 kcal	

Additional toppings	
Maple-cured bacon with Cheddar cheese 173 kcal	2.85
Maple-cured bacon with American-style cheese 160 kcal	2.85
Cheddar cheese 82 kcal	1.75
American-style cheese 69 kcal	1.75
Maple-cured bacon 91 kcal	2.30

Additional burger patties	
Beef patty 337 kcal	3.50
Fried buttermilk chicken 473 kcal	3.50
Plant-based patty 152 kcal	2.50

Airport exclusive

Dish created exclusively for Wetherspoon's airport pubs.

11" PIZZAS

Sourdough base – proved, stretched, topped and freshly baked to order.	
Margherita 949 kcal. Mozzarella, basil	13.75
Pepperoni 1111 kcal. Mozzarella, pepperoni	14.85
Ham and mushroom 1025 kcal	14.85
Mozzarella, ham, mushroom, rocket	
BBQ chicken 1111 kcal	14.85
Mozzarella, BBQ sauce, chicken breast, red onion, rocket	
Roasted vegetable 1048 kcal	14.85
Mozzarella, mushroom, roasted pepper, courgette, onion, basil	
Spicy meat feast 1201 kcal	16.75
Mozzarella, ham, pepperoni, chicken breast, sliced chillies, rocket	
Additional toppings	
Red onion 10 kcal	
Sliced chillies 3 kcal; Mushroom 4 kcal	each 1.50
Mozzarella 164 kcal; Ham 71 kcal	
Chicken breast 94 kcal; Maple-cured bacon 91 kcal	each 1.80
Pepperoni 82 kcal; Garlic & herb dip 301 kcal	each 2.10



Pepperoni; Spicy meat feast

WORLD FLAVOURS

Sticky Korean fried chicken bowl	13.95
Chicken strips, chicken breast bites, tossed in a Korean-style sauce, coriander, sliced chillies	
Choose: Coconut-flavour rice 866 kcal; Chips 1234 kcal	
Ramen noodle bowl 477 kcal	11.65
Noodles, bean sprouts, shiitake mushroom, spring onion, carrot, pak choi, bamboo shoots, red onion, sliced chillies, coriander, in a light broth	
Add: Chicken breast (187 kcal) 3.50	
Poached egg (63 kcal) 1.20	
Classic curries	
With basmati pilau rice, plain naan, poppadums, sliced chillies and coriander.	
Chicken tikka masala 1036 kcal	15.35
Sweet potato, chickpea & spinach curry 916 kcal	15.35
Sweet potato tossed in a rich coconut sauce with chickpeas and spinach	
Katsu curries	
With a mild Japanese-style katsu curry sauce, coconut-flavour rice, sliced chillies and coriander.	
Katsu grilled chicken curry 542 kcal	14.35
Sliced grilled chicken breast	
Katsu chicken curry 828 kcal	14.35
Sliced whole breaded chicken breast fillet	



Ramen noodle bowl; Katsu chicken curry; Sticky Korean fried chicken bowl

PUB CLASSICS

Freshly battered fish and chips	16.75
Cod, peas 1251 kcal or mushy peas 1247 kcal	
Add: Two slices of bread (383 kcal) 1.60	
Chip shop-style curry sauce (118 kcal) 1.70	
All-day brunch 1245 kcal	14.40
Two Lincolnshire sausages, bacon, two fried eggs, baked beans, chips	
Add: Two slices of black pudding (355 kcal) 2.30	
Vegetarian all-day brunch 992 kcal	14.40
Three vegan sausages, two fried eggs, baked beans, chips	
Chilli bean non-carne 629 kcal	14.05
Red peppers, red kidney and black turtle beans, smoky chipotle sauce, rice, tortilla chips	



All-day brunch; Freshly battered fish and chips

SIDES AND EXTRAS

Bowl of chips 964 kcal	4.95
Side salad 111 kcal	2.40
Mediterranean side salad 214 kcal	3.95
Emmental & Cheddar cheese sauce 122 kcal	2.60
Tenderstem® broccoli and peas 118 kcal	3.05
Onion rings	Six 269 kcal 3.65 Twelve 538 kcal 5.50
Garlic pizza bread	8" 389 kcal 7.35 11" 777 kcal 8.30
With cheese	8" 478 kcal 8.75 11" 927 kcal 10.75

ALLERGEN AND NUTRITIONAL INFORMATION

This can be found on our menus, customer information screen, website and Wetherspoon app. Ingredients vary, depending on location, and may have changed since your last visit. Use the customer information screen to filter menus by specific dietary requirements, such as:

- Exclude those dishes containing certain allergens.
- See full lists of ingredients.
- Set Calorie and carbohydrate limits.
- List only vegan or vegetarian dishes.

While we have procedures for segregating preparation within meals and drinks, kitchen and bar service may involve shared preparation/cooking areas. If you have any specific food/drinks allergen needs, please inform us when ordering; we will take reasonable steps to prepare your meal safely, although cannot guarantee completely allergen-free environments or products. Staff cannot offer specific advice or recommendations beyond our published allergen communications. Swapping items may result in changes to allergens contained in the dish.

DIETARY SYMBOLS

- = Very mild = Mild = Medium hot = Very hot = Extremely hot
- Vegetarian Vegan 5% fat or less Dish under 500 Calories

Adults need around 2000 kcal a day.⁵