

BREAKFAST PLATES

Our eggs are all RSPCA Assured™ free range

The Full Monty 14.45

Our classic big English breakfast is served with: two Cumberland sausages, back bacon rashers, your choice of fried (1184 kcal) or scrambled (1245 kcal) eggs, baked beans, flat mushroom, roasted tomato, buttered white or brown bloomer toast & cubed potatoes

The Full English 9.95

Fried (631 kcal) or scrambled (806 kcal) egg, back bacon, Cumberland sausage, baked beans, mushroom, roasted tomato & cubed potatoes

Vegetarian Breakfast 9.95

Vegetable sausage, fried (575 kcal) or scrambled (750 kcal) egg, roasted pepper, roasted tomato, smashed avocado, cubed potatoes & herby grains

Roasted Vegetable & Courgette Pan Hash 11.25

Roasted peppers, mushrooms, courgette, roasted tomato, red onion, cubed potatoes, wilted spinach in a rich Napolitana sauce topped with a free range fried egg & chilli (433 kcal)

Eggs Benedict 10.5

Poached eggs, back bacon & hollandaise sauce served on a traditional soft English muffin (586 kcal)

Eggs Florentine 10.5

Poached eggs, hollandaise sauce & wilted spinach served on a traditional soft English muffin (552 kcal)

Eggs Royale 11.25

Poached eggs, smoked salmon, hollandaise, served on a traditional soft English muffin (534 kcal)

Smoked Salmon & Scrambled Eggs 10.75

Served with fresh lemon & thick cut bloomer toast (715 kcal)

Omelette 10.25

Served with cubed potatoes & roasted tomato

Choose from the following fillings:

Cheddar cheese & wiltshire ham (650 kcal)

Cheddar cheese & tomato (622 kcal)

FRESH & LIGHT

Smashed Avocado 8.95

Served on a traditional English muffin with feta, fresh mint & chilli (528 kcal)

Nutty Granola 6.55

With fresh berries, honey, Greek style yoghurt & fresh mint (573 kcal)

Porridge 5

We only use traditional Scottish porridge oats. Made with your choice of water (186 kcal), soya (269 kcal), semi-skimmed milk (306 kcal)

Plain & Simple 5

Banana, blueberries & strawberries topped with pumpkin seeds (+116 kcal) **5.5**



PANCAKES

Freshly made golden pancakes served with your choice of toppings:

Back bacon & Maple syrup (720 kcal) **10.25**

Blueberry compote & crème fraiche (664 kcal) **9.75**

BREAKFAST COCKTAILS

Bloody Mary 11.55

50ml JJ Whitley Vodka, tomato juice, salt & pepper, fresh lemon juice, Tabasco & Worcestershire sauce

Pomflower Bellini 9.45

Prosecco, pomegranate & elderflower cordial

Mimosa 9.45

Prosecco & orange juice

DOORSTEP SANDWICHES

All breakfast sandwiches are served on buttered, thick cut white or brown bloomer bread

Back bacon (530 kcal) 6.55

Cumberland sausages (680 kcal) 6.55

Free range fried eggs (575 kcal) 6.3

Big brunch sandwich 8.65

Cumberland sausage, back bacon rashers & a fried egg, served with cubed potatoes (933 kcal)

"My good friend, the Earl of Sandwich, would be astonished"

BAKERY

Toast & Preserves 3.45

Your choice of white or malted brown bloomer bread (363 kcal) served with a selection of preserves: jam (72 kcal), marmalade (72 kcal), honey (97 kcal), Marmite (21 kcal) or Nutella (82 kcal)

Butter Croissant 3.15

Preserves: Bonne maman jam (72 kcal), marmalade (72 kcal), honey (97 kcal), Marmite (21 kcal) or Nutella (82 kcal)

Freshly Baked Pastries 3.15

Choose from a selection of pain au chocolat & danish pastries (376-426 kcal)

SIDES

White or Brown Bloomer Toast 2.9

with butter (227 kcal) or flora (259 kcal)

Fried (230 kcal), Scrambled (291 kcal)

or Poached Eggs (150 kcal) 2.9

Cumberland Sausage (336 kcal) 3.25

Back Bacon Rashers (123 kcal) 2.9



These dishes are made from ingredients that do not contain meat or fish. However, we do not have dedicated preparation or cooking areas within our kitchen for vegetarian food. Not all ingredients are shown in the dish descriptions. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you to speak to a member of staff if you have any food allergies or intolerances. For full details visit www.restaurantallergens.com/thecurator. Our fish is a natural product & may contain small bones. We are happy to provide you with allergen guidelines for all our menu items. As our food is prepared & freshly cooked to order in our busy kitchen, there may be a risk that traces of allergens & gluten can be found in any dish. For more detailed information please ask one of our crew. TRG Concessions only use RSPCA Assured™ shell eggs in our restaurants. This means we use suppliers and farmers that adhere to the RSPCA welfare standard and have been checked by RSPCA assessors. Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. 0422

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In a hurry? Just let us know & we'll ensure you're eating within 15 minutes.

TEA & COFFEE

Flat White (72 kcal) **3.7**
Americano (1 kcal) **3.15**
Cappuccino (93 kcal) **3.45**
Caffé Latte (87 kcal) **3.45**
Espresso (1 kcal) **3.15**
Double Espresso (2 kcal) **3.8**

Macchiato (5 kcal) **3.15**
Double Macchiato (10 kcal) **3.8**
Mocha (103 kcal) **3.7**
Hot Chocolate (186 kcal) **3.95**
Yorkshire Tea **3.05**
A champion brew! (0 kcal)

Teapigs Speciality Teas **3.05**
Darjeeling, Earl Grey, Peppermint, Mao
Feng, Chamomile, Super Fruit (0 kcal)
Extra Shot of Espresso (1 kcal) **0.65**
Syrup Shots **0.65**
Vanilla (84 kcal), Caramel (84 kcal)
Hazelnut (86 kcal), Gingerbread (86 kcal)

*soya and decaf options are available.

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