



PRINCE OF WALES

P U B A N D D I N I N G

COOKED BREAKFAST PLATES

The BIG Breakfast 15.50

Two Cumberland sausages, two back bacon, black pudding, eggs any style, baked beans, flat mushroom, roasted tomato, toast and tater tots

Choose from: fried 1313 kcal, scrambled 1374kcal or poached 1233 kcal eggs

Veg Market Breakfast vG 10.95

Vegan sausages, smashed avocado, rainbow peppers, flat mushroom, roasted tomato, tater tots and baked beans 642 kcal

Add eggs any style v 1.95 Choose from: fried 230 kcal, scrambled 343 kcal or poached 150 kcal eggs

Add a slice of toast v 225 kcal 2.50

The Number ONE 10.95

Cumberland sausage, back bacon, black pudding, eggs any style, baked beans, flat mushroom, roasted tomato and tater tots

Choose from: fried 905 kcal, scrambled 1017 kcal or poached 824 kcal eggs

Add a slice of toast 225 kcal 2.50

Prince of Wales Breakfast Hash v 10.75

Rainbow peppers, house brown sauce, baby spinach, jalapeños and tater tots. Topped with a fried free range egg 997 kcal

Add black pudding 276 kcal 2.50

Go vegan! Ask for your hash without egg vG 882 kcal

COCKTAILS

Bloody Mary 10.75

50ml JJ Whitley vodka, tomato juice, salt & pepper, fresh lemon, Tabasco & Worcester sauce

Mimosa 10.25

Prosecco topped with orange juice

Classic Bellini 9.95

A luxurious combination of Prosecco & peach purée

DEAD GOOD EGGS

Smoked Salmon & Scrambled Eggs 11.75

Delicious smoked salmon with creamy scrambled eggs on toast

Choose from: white 720 kcal, brown 743 kcal or gluten-free bread 626 kcal

Scrambled Eggs v 9.25

Creamy free range scrambled eggs served on toast

Choose from: white 625 kcal, brown 648 kcal or gluten-free bread 532 kcal

Add back bacon 123 kcal 2.50

Eggs Benedict 10.75

Back bacon rashers, poached eggs and hollandaise sauce served on an English breakfast muffin 565 kcal

Eggs Royale 11.75

Smoked salmon, poached eggs and hollandaise sauce served on an English breakfast muffin 536 kcal

Folded Omelette GF 10.25

With watercress and filled with Cheddar cheese and either sliced fresh tomato v 438 kcal or Wiltshire ham 466 kcal

Add tater tots v 246 kcal 1.75

FRESHLY SQUEEZED ORANGE JUICE £3.95 127 kcal

FRESH & LIGHT

Smashed Avocado vG 9.50

With vegan feta, watercress, lime, breakfast radish and lime & chilli dressing on an English breakfast muffin 622 kcal

Gluten-free option available v 568 kcal

Add poached eggs v 150 kcal 1.95

Toasted Bread & Preserves v 3.25

Two slices of toasted bread served with butter and a selection of preserves

Choose from:

white 336 kcal or brown bread 358 kcal

or gluten-free bread 241 kcal

Choose from: jam 72 kcal, marmalade 72 kcal or honey 97 kcal

Fruity Granola Bowl v 6.75

Nutty granola with fresh berries, coconut yoghurt, blueberry compote and maple syrup 862 kcal

Porridge 5.75

Made with your choice of water vG 184 kcal, almond vG 232 kcal, soya vG 250 kcal, coconut vG 250 kcal or semi-skimmed milk v 280 kcal

Topped with:

Fresh strawberry, banana and maple syrup vG +139 kcal or blueberry compote vG +75 kcal

Freshly Baked Croissant v 3.25

All butter croissant with butter 443 kcal and a selection of preserves 71-97 kcal

Danish Pastries v 3.25

Freshly baked every day - ask your server for today's selection 325-440 kcal

BREAKFAST SANDWICHES

Add Tater Tots to any sandwich vG 246 kcal 1.75

A soft white bread sandwich filled with your choice of:

• Back Bacon Rashers 502 kcal 6.75

• Cumberland Pork Sausages 653 kcal 6.75

• Free Range Fried Eggs v 547 kcal 6.75

• Flat Mushrooms & Smashed Avocado vG 500 kcal 6.75

Ultimate Sandwich 9.25

Cumberland sausage, fried egg, back bacon and black pudding 800 kcal

SWEET THINGS

American Style Pancakes 9.50

Three buttermilk pancakes topped with bacon rashers and served with maple syrup 978 kcal

Berries & Cream v 9.50

Three buttermilk pancakes topped with clotted cream, fresh blueberries, strawberries and blueberry compote 1007 kcal

Blueberry French Toast v 9.95

Two thick brioche French toast with blueberry compote, fresh berries, coconut yoghurt and nutty granola 790 kcal

V These dishes are made from ingredients that do not contain meat or fish. vG These dishes are not made with any animal products. GF Dishes are made from products which do not contain gluten as an ingredient. However we do not have a dedicated preparation or cooking area for vegetarian, vegan or gluten free food. +Fish dishes may contain small bones. TRG Concessions only use RSPCATM Assured Free Range eggs in our restaurants.

Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website.

Allergies: We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you speak to a member of staff if you have any food allergies or intolerance. Or visit our interactive site for more details: restaurantallergens.com/princeofwales