

poached egg'pots

with soy roasted seeds **v**

roasted bacon rice & seeds

little sausages rice & seeds

smoked salmon & avo miso'spinach & seeds

spinach & avo **v** seeds & ssamjang sauce

spinach & seeds **v** rice, seeds & ssamjang sauce

egg in miso soup **v** with spinach

1 egg



88 kcal 3.99

2 eggs



4.99

3 eggs



5.75

4 eggs



6.25

upgrade your pot add crispy chilli oil 97 kcal 0.50 add seasoned rice 87 kcal 0.20 add crispy shallots 47 kcal 0.50

hearty porridge

with agave **v**

185 kcal 4.45

with fresh blueberries **v** raspberry purée

215 kcal 4.99

with fresh blueberries & superseeds **v** raspberry purée 323 kcal 5.49

hot food for take off? ask about our insulated bags

new protein packed breakfast



served until
10:30 am

iced drinks

iced americano

1 kcal 3.95

iced latte

72 kcal 4.55

iced matcha latte

81 kcal 4.80

iced vanilla matcha latte

134 kcal 5.40

iced blueberry matcha latte

151 kcal 5.40

iced salted caramel matcha latte

133 kcal 5.40



hot drinks

espresso

1 kcal 2.95

americano

1 kcal 3.75

flat white

93 kcal 4.20

cappuccino

119 kcal 4.20

latte

119 kcal 4.20

matcha latte

128 kcal 4.60

vanilla matcha latte

181 kcal 5.20

flavoured syrups vanilla · blueberry · salted caramel

12 kcal 0.60

extra espresso shot

1 kcal 1.00

teas

English breakfast · green ·
jasmine green · peppermint

3 kcal 3.45

[oat alternative also available]

extra egg 55 kcal

adults need around 2000 kcal a day