

*Corinn*

**BREAKFAST  
MENU**

# BREAKFAST

## **Toast and Jam V** (537 kcals) 4.50

Toasted ciabatta and wholemeal sourdough, with jam and butter.

## **Toasted Panettone V** (479 kcals) 4.50

Toasted Italian fruit bread served with jam and butter.

## **Porridge V** (530 kcals) 6.10

Served with honey, fresh blueberries, raspberries, pumpkin seeds and jam.

## **Granola & Yoghurt V** (from 685 kcals) 6.90

Ricotta yoghurt and granola with almonds, pecans and sunflower seeds. Topped with honey, jam, fresh blueberries and raspberries. *Dairy-free coconut yoghurt is available.*

## **Frutta e Cioccolato Pancakes** (611 kcals) 9.40

Three pancakes topped with fresh berries and ricotta yoghurt. Served with a warm chocolate & hazelnut sauce.

## **Croissants and Pastries V** (from 259 kcals) **From 2.70**

Ask for today's selection.

## SIGNATURE

### **Traditional** (from 830 kcals) 11.00

Your choice of eggs with smoked pancetta, sausage, sautéed mushrooms, slow-roasted tomatoes and toasted wholemeal sourdough.

### **Vegetarian V** (from 849 kcals) 11.00

Your choice of eggs with smashed avocado mixed with tomatoes & red onion, chargrilled courgette, sautéed mushrooms, slow-roasted tomato halves and toasted wholemeal sourdough.

### **Vegan VG** (818 kcals) 11.00

Toasted wholemeal sourdough with smashed avocado mixed with tomatoes & red onion, chargrilled courgette, sautéed potatoes, slow-roasted tomato halves and spinach.

## EGGS

### **Avocado & Poached Eggs V** (532 kcals) 8.90

Smashed avocado mixed with slow-roasted tomatoes and red onion, with poached eggs on toasted wholemeal sourdough.

**Add: Smoked Pancetta** (+112 kcals) 2.30

### **Avocado, Smoked Salmon & Poached Eggs** (616 kcals) 11.00

Smashed avocado mixed with slow-roasted tomatoes and red onion, with smoked salmon and poached eggs on toasted wholemeal sourdough.

### **Benedict** (544 kcals) 10.00

Ham with poached eggs and Hollandaise on toasted ciabatta.

### **Royale** (562 kcals) 10.30

Smoked salmon with poached eggs and Hollandaise on toasted ciabatta.

### **Florentine** (572 kcals) 8.90

Spinach with poached eggs and Hollandaise on toasted ciabatta.

## GO MAGNIFICO!

Add a Mimosa or Bellini to your breakfast for 8.70

## ADDITIONS

### **Grilled Courgettes VG** (64 kcals) 2.30

### **Mushrooms V** (230 kcals) 2.30

### **Smashed Avocado with Red Onion &**

### **Tomatoes VG** (97 kcals) 2.30

### **Spinach VG** (178 kcals) 2.30

### **Smoked Pancetta** (112 kcals) 2.30

### **Smoked Salmon** (84 kcals) 2.30

### **Sausage** (192 kcals) 2.30

### **Slow-Roasted Tomatoes VG** (35 kcals) 2.30

### **Roasted Potatoes VG** (278 kcals) 2.30

## COCKTAILS

### **Bellini** 8.70

Choose from peach or raspberry.

### **Mimosa** 8.70

Prosecco and fresh orange juice.

### **Bloody Mary** 8.70

Spiced tomato juice with Ketel One Vodka, garnished with a celery stick.

## FRUIT JUICES

### **Fresh Orange** (110 kcals) 3.60

### **Fresh Apple** (88 kcals) 3.60

### **Pago Cranberry** (110 kcals) 3.60

### **Big Tom Spiced Tomato** (45 kcals) 3.60

## SMOOTHIES

### **Red Berry** (130 kcals) 4.80

### **Mango Passion Fruit** (140 kcals) 4.80

## COFFEE

*Our Milano coffee blend is sweet, refined & smooth*

### **Espresso/Ristretto** (1 kcal) 2.70

### **Double Espresso** (2 kcals) 3.30

### **Espresso Macchiato** (4 kcals) 2.70

### **Cappuccino** (119 kcals) 3.70

### **Caffè Latte** (132 kcals) 3.70

### **Flat White** (84 kcals) 3.70

### **Americano** (2 kcals) 3.30

### **Mocha** (130 kcals) 3.70

### **Hot Chocolate** (158 kcals) 3.50

## TEA

### **English Breakfast** (1 kcal) 2.70

### **English Breakfast Decaf** (1 kcal) 2.70

### **Earl Grey** (1 kcal) 2.70

### **Camomile** (1 kcal) 2.70

### **Green** (1 kcal) 2.70

### **Fruit** (1 kcal) 2.70

### **Peppermint** (1 kcal) 2.70

*Dairy-free oat, coconut and soya milks are available.*

If you have any food allergies or intolerances, please let your server know before ordering.

V Suitable for vegetarians VG Suitable for vegans

V These dishes are made from ingredients that do not contain meat or fish. VG These dishes are not made with any animal products. GF Dishes are made from products which do not contain gluten as an ingredient. However we do not have a dedicated preparation or cooking area for vegetarian, vegan or gluten free food. +Fish dishes may contain small bones. TRG Concessions only use RSPCATM Assured Free Range eggs in our restaurants. We follow good hygiene practices in our kitchens, but due to the presence of allergenic ingredients in some products there is a small possibility that allergen traces may be found in any item. We advise you speak to a member of staff if you have any food allergies or intolerance. Or visit our interactive site for more details [www.restaurantallergens.com/carluccios](http://www.restaurantallergens.com/carluccios) Adults need around 2000 kcal a day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website. We accept Visa, MasterCard, Maestro and American Express. All major currencies are accepted. All prices are inclusive of VAT at the current rate. All prices are in pound sterling. We welcome your feedback, please speak to a member of our management team or email us at: [concessions@trgplc.com](mailto:concessions@trgplc.com)